

Awareness Through Art

A Workshop

You'll be surprised by what some colors applied to a piece of paper can tell you about yourself! In this fun and profound experience, you will gain insights into your own potential through art projects created in class. For over 30 years, participants in Pat's groups have used art exercises to gain more personal awareness. Pat's expertise in counseling and in training helping professionals brings a new dimension to art as a tool for self-discovery.

You don't need artistic talent to participate in this class!

Facilitator: Pat Pendleton, M.Ed.

Date: Saturday, November 12, 2011 (A Denver Arts Week Event)

Time: 10am-4pm, with an hour break for lunch

Fee: \$52.80 if paid by November 7, \$60 if paid after that date

Class size: Limit 12 participants

Location: True Colors Gallery 445 S. Saulsbury St. Unit E, in Belmar Free Parking in Covered Garage

For information and to register, call 303-621-4098 e-mail, pat@patpendleton.com.